



CERTIFICATE OF PARTICIPATION

This is to certify that

Yacov Loock

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:13:57

PACE 06:01/km

GENDER 134 of 563

OVERALL 164 of 834

40+ 31 of 161

08 July 2023, Sat

Date



BoutTime

Signature

